

Asthma

Breathing
just got
easier



The Asthma Providers' Manual was developed to address diagnosing and medication issues in the management of asthma.

The manual focuses on the National Asthma Education and Prevention Program's (NAEPP) Guidelines for the Diagnosis and Management of Asthma. It was designed to keep clinical practices up to date on how to use a comprehensive approach to managing patients' asthma. Improved asthma management results in improved quality of life and allows your patients to breathe easier. Included below are instructions for use of this manual, and how best to utilize information and materials for the needs of your practice.

The manual includes four sections: pediatric, adult, resources, and medications which are designed to address the needs of your individual practice and patients. Each section can be used independently or together depending on your needs.

Pediatric: This section discusses diagnosing and medication issues specifically for children up to age 18. It also includes information on identifying and controlling triggers, special medication considerations with children, and managing asthma in the school setting.

Adult: This section discusses diagnosing and medication issues for adults age 18 and older. It includes information on asthma management plans, self-assessments, and special considerations related to asthma, such as asthma in pregnancy, work-related issues and asthma in the elderly.

Resources: Throughout the text of the pediatric and adult manuals there are references to additional resources including physician and patient education resources.

Physician Resources: includes in depth information on delivering asthma education during visits, educating children, asthma education/testing locations in the state, co-morbid conditions, and special considerations about asthma.

Patient Education Resources: Includes handouts for better asthma education and management by the patient. These materials can be copied and distributed to your patients to help them learn about and manage their asthma.

Additional resources such as: journal articles, books and web sites on asthma.

Medications: This section discusses the effects of asthma medications, mechanism of action, precautions/contraindications, and adverse drug effects. This section is applicable for both pediatric and adult patients.

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